

Recommended Items to include in a Basic Emergency Supply Kit:

- Water, one gallon per person per day for at least three
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand-crank radio and a NOAA Weather radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust-mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities.
- Can opener for food
- Local Maps

When preparing for an emergency you should make a family emergency supply kit, make a family emergency plan, and be informed about the types of emergencies that could occur and their appropriate responses.

When preparing your emergency supply kit be sure to include items that are unique to your family.



Additional Items to consider adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Sleeping bag or warm blanket for each person.
- Change of clothing including long-sleeve shirt, long pants and sturdy shoes.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil

