

**Estancia Valley Youth and Family Council
Board Retreat and Strategic Planning**

June 9, 2018

9:00-4:00

Location?

AGENDA

*** Updated June 5, 2018 ***

Goals for the Day	<ol style="list-style-type: none">1. Review and establish priorities for the EVYFC2. Approve Vision/Mission3. Set goals for the coming year and identify next steps4. Develop activities for each strategic objective5. Discuss data collection and monitoring
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8:30 Coffee and Snacks

9:00 Introductions and Overview of the Day

9:30 Prevention Overview

- IOM and Risk and Protective Factor Theory
- Domains (individual/peer, family, school, community)
- Strategic Prevention Framework

11:00 Setting Priorities

- Review Data and Discuss Priority Risk/Protective Factors

12:00 Mission and Vision Alignment

12:30 Lunch

1:00 Celebrate Accomplishments

- What are you most proud of accomplishing last year?
- Where did you make progress/achieve outcomes you didn't expect?
- What would you do differently if you were starting the year over?

1:30 Review Draft Plan

- What outcomes do you hope to achieve in the coming year?
- Work groups identify actions, timeline and responsibly parties

3:00 Report Out of Plan

3:30 Closing Business & Next Steps

4:00 Adjourn

Possible Priority Areas for Estancia Valley Youth and Family Council

Overreaching Goal Areas

- Strengthen Resiliency or Increase Involvement in Pro-Social Activities
- Improve School Attendance and Academic Success
- Improve Family Connectedness
- Reduce Substance Use and Mental Health Issues
- Improve Collaboration Between Schools, Programs and Parents and Youth

Priority Risk & Protective Factors

Community:

- Compliance with the Law
- Opportunities for pro-social involvement, employment, etc.
- High rates of drug overdose and suicide

School:

- Obey school staff and follow school rules
- Improve grades / attendance
- Reduce fighting / aggression / outbursts at school

Family:

- Assess family needs (don't know what this means??)
- Improve parental monitoring of youth activities and friends
- Set clear rules at home and abide by them
- Respect

Peer / Individual:

- Address or reduce depression and trauma
- Reduce substance use
- Learn coping mechanisms to address frustrations more appropriately
- Reduce aggressive outbursts