



Partnership for a Healthy Torrance Community
Monthly Meeting
September 6th, 2017/ 12:00 – 2:00 PM
B-Street Market
Mountainair NM 87035

MEETING MINUTES

Members and Guests Present:

Mark Clark, Art Falconer, Gail Falconer, Bill Hines, Sharalynn Lucero, Art Swenka, Carole Glade, Sally Cassady, Jeff DeBellis, Sidney Smart, Danielle Berrien, Beth Fullerton, Meredith Root-Bowman, Tracey Master, Michelle Skrupskis, Maida Rubin, Dennis Fulfer, Berta Espinosa, Linda Finkelstein, Nancy McCloud and Lenora Romero

Agenda Item	Discussion	Decision	Action Items
Call to Order	<ul style="list-style-type: none"> Welcome by Mark Clark 	➤ Call to order at 12:20 PM	✓ N/A
Quorum Count	<ul style="list-style-type: none"> 10 voting members in attendance. 	➤ Quorum for voting	✓ N/A
Agenda	<ul style="list-style-type: none"> Mark Clark asked to approve agenda as well as minutes from June and July. Motion made by Gail Falconer. Seconded by Art Falconer. 	➤ Consensus on agenda and approval of minutes for June and July.	✓ N/A
Introductions	<ul style="list-style-type: none"> <u>Guests:</u> Sally Cassady is the ICAN Food Systems Specialist for NMSU Cooperative Extension Serviced; and Jeff DeBellis is with UNM Prevention Research Center's VIVA Connects program: Maida Rubin is with MRCOG; Dennis Fulfer is the Mountainair Town Clerk; Berta Espinosa is with the Torrance County Home Visits; Linda Finkelstein with First Choice Community Medical Healthcare; Lenore Romero is an art teacher at Mountainair High School 	➤ N/A	✓ N/A
Food Security Fund Projects	<ul style="list-style-type: none"> <u>Update from Lenora Romero:</u> Green house has been put up. Starting to see some harvest. Rain water is being conserved through several barrels. Pinon trees have been planted to block the wind. 	➤ Information	✓ N/A

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Food Security Fund Projects	<ul style="list-style-type: none"> • Currently trying to get students out there for a field trip. • Possible field trip for the Healthy Eating working group the first weekend in October. • <u>Update from Nancy McCloud</u> : Providing healthy alternatives is paying off. There has been a very good response from the community. • Will start moving dirt for the garden within the next couple weeks. 	➤ Information	✓ N/A
Healthy Eating Update	<ul style="list-style-type: none"> • <u>Community Gardens</u>: Danielle Berrien, Sally Cassidy, Kelly White, and Sharalynn Lucero will be going on a garden site tour to map out possible pieces of land for community gardens in each community. • <u>Canning Classes</u>: Due to poor attendance their will only be one class on September 16, 2017. • Julie Griffo has been very involved with the communities and schools in providing nutrition education. • September 23, 2017 Health and Wellness Conference in Alb. \$10 per person including lunch. Will be going over creative ways to implement health and wellness as well as being fiscally responsible while eating healthy. 	➤ Information	✓ N/A
Active Living	<ul style="list-style-type: none"> • <u>Partnership Trails</u>: Partnership trails has partnered with Viva Connects to create and distribute a trail brochure for each community. Mountainair's brochure will be updated as soon as trails are planned out. • Partnership Trails Meeting location in Mountainair later this month to further plan trails in the community. • Mark will be meeting with the trails coordinator for Cuba to get an idea of how to start and implement trail systems within a town. Also spoke with someone at the RTPPO meeting about Rails to Trails, waiting for a response. • Maida Rubin/ MRCOG several resources for trails and transportation development. They can also help with Rails to Trails. 	➤ Information only	✓ N/A

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Active Living	<ul style="list-style-type: none"> • <u>Linda with First Choice</u>: First Choice conducted a survey amongst their patients that concluded transportation is the biggest concern for their patients. • \$17 million in a settlement from VW will go toward public transportation services. • First Choice wants to connect with each community to make sure they get a portion of the money and services. Safe Ride is available however, there are concerns such as they will not pick patients up right after an appointment. Some of them are waiting 2 or 3 hours after their appointment to be picked up. 	➤ Information only	✓ N/A
United Prevention	<ul style="list-style-type: none"> • Tracy Masters reports that the annual Dance Under the Stars will be this weekend Saturday September 9th. Concession proceeds will be going to hurricane relief in TX. Anyone who donates will be entered in a drawing for prizes. • Attendees will also be entered the drawing if they agree to do the breathalyzer test. • Second Mental Health First Aid class was a success. • Applied for grant that would provide funding for to train two people as Youth Mental Health First Aid instructors. • Protecting You Protecting Me which has been implemented in Estancia School has had a good response. • Keep A Clear Mind, which was implemented in Moriarty has shown to be very affective. • LDWI Grant agreement has been signed by the County but still waiting for final approval. • <u>OSAP</u>: Sharalynn Lucero reports that Debbie and herself have set up booths at the Torrance County Fair, First Responders Day and the Sunflower Festival. Good responses in each of the communities. • Handed out over 80 informational packets at the Estancia middle school and high school athletic parent meeting. One packet gave information regarding PWHLTM and the other referenced A Dose of Reality. 	➤ Information	✓ N/A

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Behavioral Health Committee	<ul style="list-style-type: none"> • <u>Behavioral Health Planning Council</u>: Gail Falconer reports that she is still needing to collaborate with Trish to plan further effort. • Sharalynn advised that although Trish has moved out of state she still would like to remain on the board. Gail was in favor of this idea. 	➤ Information only	✓ N/A
Announcements/Emerging Issues	<ul style="list-style-type: none"> • Tracy advised that all donations for the dance will need to be turned in this Saturday. • Meredith reports that Presbyterian has received a new grant to expand their work in Bernalillo County but wants to include Torrance County. Plans are still being put into place but they are considering hosting trainings to teach skills for community health. More details will be given once everything has been put in place. • Carole Glade states that they are looking into offering some classes that would assist people struggling with mental health by utilizing art. 	➤ Information only	✓ N/A
Adjournment and Next Meeting	<ul style="list-style-type: none"> • Next PHTC meeting is October 4 in Estancia. 	➤ Adjourned at 1:15 PM	✓ N/A

Meeting minutes prepared and submitted by PTMI staff.

Debbie L. Ortiz, Secretary
Partnership for a Healthy Torrance Community